

What YOU WILL LEARN

Session 1

Why Does It Hurt So Badly?

Session 2

Taking Care of Yourself

Session 3

The Power of Prayer

Session 4

Handling Anger

Session 5

Why Did God Allow This To Happen?

Session 6

Coping with Fear

Session 7

What Does the Church Teach
about Divorce

Session 8

Christ the Great Healer

Session 9

Tapping Into the Sacraments

Session 10

Dealing with the Former Spouse

Session 11

Helping Children Deal with Divorce

Session 12

Dating and Intimacy

Session 13

Keeping the Momentum

Here's What People Are Saying ABOUT THE PROGRAM



Going through the *Recovering from Divorce Program* literally transformed me from despair to hope by the blessings of our Catholic faith.
Stefanie



When my world was falling apart into a million pieces, the *Recovering from Divorce Program* helped me to stay sane and helped me put the pieces back together.
Mila



divorcedcatholic.org's *Recovering from Divorce Program* gave me more hope and faith in God's plan for me going forward.
Mike



DIVORCED
CATHOLIC



Your Catholic faith
is the key to your
recovering from
divorce

WWW.DIVORCEDCATHOLIC.COM

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THE MOST EFFECTIVE Catholic Divorce Recovery Program Available



100% CATHOLIC

Based 100% on Catholic teaching and doctrine, *Recovering from Divorce* will shorten your recovery time, help you regain hope, and restore peace to your life by helping you more fully tap into the power of your Catholic faith.



TRUSTED

In use by parishes and dioceses throughout the United States and Canada.



CONVENIENT

Available online, at home, or in your parish.



AFFORDABLE

Divorce is difficult on budgets. All of Divorced Catholic's programs are designed to be affordable.

WHAT'S IN THE PROGRAM



13 SESSION PROGRAM

Use the core program that has helped so many of Catholics worldwide recover from divorce.[www](http://www.divorcedcatholic.com)



PROGRAM GUIDE

The Recovering from Divorce Program Guide guides you step-by-step down the path to hope and healing.



VIDEO TESTIMONIALS

Be inspired by the testimonies of other divorced Catholics who have been through the program.



PRAYER BOOK

Prayers written especially for divorced Catholics help you feel connected to your faith.



DAILY INSPIRATIONS

Receive email inspirations daily to encourage and inspire you.



WEEKLY ONLINE CHAT

Weekly online chat sessions allows you to ask questions and stay on track.



PERSONAL COACH

You will be assigned a personal coach who will guide you every step of the way.



BONUS MATERIALS

Bonus materials help insure your success.

RECEIVE

These Great Benefits



HEALING

Recover faster from the emotional pain



WISDOM

Gain wisdom and make better decisions



PEACE

Find more peace by living your faith and letting go of the hurt and anger



HOPE

Restore hope by gaining clarity about your future



CONFIDENCE

Gain confidence and overcome fear



RESILIENCE

Be better equipped to handle life's ups-and-downs after divorce

CONTACT US TODAY!

WWW.DIVORCEDCATHOLIC.COM